

Formula For Success

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The formula for success really has not changed over the years. To quote John P Getty, one of the riches men in American history “Rise early, work hard, strike oil.” If you read the bio of virtually any successful individual in any career, you will find that their success did not come easy. Their success required a lot of hard work.

Some of the traits or actions successful people have employed are very similar. They started with a passion or a vision of where they wanted to be in the future. They pictured what it would look like when success was achieved. Many Olympic training coaches have used this visualization technique to prepare the athletes. They actually tell them to picture the moment the gold medal is draped around their neck upon completion of the event. This mental and emotion picture drives the athlete to succeed.

People who are successful have a passion, developed a plan and have figured out the rules of the game they are they are about to play, whether it involve sports, career, education, getting physically fit or building strong beneficial relationships. Successful people get what they want in life because they have a vision of what they want...and work hard to attain it.

Focus, consistency, insight, effective time management, creativity, goals, strategy, resilience, positive self-talk, flexibility, action, risk-taking, networking with winners, responsiveness, and good communication skills, are just some of the building blocks of success. Successful people know the true meaning of these words and avoid anything that does not get them to the finish line.

Successful people are heavily invested in both the journey and the ultimate goal they are reaching for. As an example for successful people it's not just about getting a diploma (the goal), but it's also learning as much as possible along the way (the journey). They tend to live life to the fullest.

Successful people are open to feedback and new viable facts as they travel their journey, willing to make corrections along the way. They definitely understand that the world around them is constantly changing and they must be willing to accommodate change when it will help them attain their vision. Even the best-laid plans must sometimes be altered.

Successful people don't just sit around and continually plan and rethink their vision. They are action driven, get out of their comfort zone, take on new challenges and try new things. Risk-taking and plunging into the unknown is a "normal action" they are willing to take and they understand "it is never back to normal." Normal for them does not exist; they are on their road to new and meaningful achievement in their life.

Successful people tend to be highly focused. Yes successful people are often involved in many things, sometime with many people, but they have a solid grasp on what is priority one. They are task driven to ensure they keep moving toward their goal even while accomplishing other actions. Rarely if ever do they get caught in "busy work." They continually and consciously do things that are meaningful and have impact on themselves and those around them. Successful people are continually asking the questions, "What did I learn today?" "How will it add to my success?"

Keeping the above in mind, remember the words of the great football coach Vince Lombardi, "The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will." We all have an idea of what success could look like in our own personal life; the important thing is to turn those ideas into action.